

Peninsula Rainbow Emmaus

Newsletter



Community Lay Director's Notes

DeColores and greetings in the name of our Savior Jesus the Christ.

Oh what a beautiful time of year. Spring brings all the new life to the trees, flowers, grass and such. Birds and bees are out again. What a wonderful season! What a wonderful experience to find the tome empty! HE IS ALIVE!!!

Hallelujah He is risen from the dead. The trees budding and the flowers breaking ground and becoming beautiful again are all signs that our Lord and Savior did die and is alive again. He is with us each and every day. Sometimes He is walking beside us but other times He is carrying us because we can't make it on our own even though we try so hard to make that happen. After we have been through the storm we can look back and realize that was when He did carry us. He still does each and every day for each and every one of us. Praise God.

I received an email from Ilyse Johnson, our Regional Leader, providing some information concerning the up coming International Advisory Committee and the Regional Leaders Meetings. She got me thinking of some things we need to bring back to the front burners of our minds. The purpose of Emmaus and Chrysalis is to strengthen us to be better leaders in the world. That starts with our own church – remember the talk on Changing Our World? The Emmaus Weekend offers the pilgrims the opportunity to encounter Christ, be transformed by Christ and return to their church to serve by showing Christ to others. This is our 4th Day – each and every day after the walk with Christ. We are his hands and feet. Our walks were fabulous but we are not to stay on that mountain top. We are to come back to the valley. The last 3 talks on every weekend are to prepare us to go back to the valley. It is the purpose of the whole weekend. We must go back to our churches and prepare the way for others. We can't stop or let the ones that sponsored us keep doing all the work. We are asked not to form "Clicks". We are to include all. God has a time for us all to walk with Him, but we have to prepare the way. Life does get in the way sometimes, but it is God's timing. So we must keep sharing God with all we meet. This is the purpose of our 4th Day.

Our Leadership Development doesn't stop when a person serves as a Weekend Lay Director – we should always be growing and learning, always be advancing in faith and always being molded by Christ to serve with love. How better to do that than to attend the Gatherings each and every month. We get fed so we can weather those storms that come our way. Another way is to serve on your Board. Some of the changes that Ilyse talked about is

having training each year so new members know what is expected and have a better sense of what the purpose and

mission is and not just logistics. The focus is on the critical elements such as "What makes us Emmaus?" "How do leaders lead?" "How do we handle opposition?" are a few of the topics that will be addressed scripturally and purposefully in the new material. The training will start in 2010. I look forward to this change and am looking forward to additional ones.

See you all at our next Gathering during Candlelight for the women's walk on May 4. Please come and show Christ's love to these new pilgrims. Remember how you felt and what you thought? How you saw Jesus on each face? It is our turn to show Jesus to these ladies.

DeColores!
Harriette Suggs
Community Lay Director

Spiritual Director's Notes

By the time you read this article you will have celebrated the resurrection of our Lord on the most joyous day of Easter Sunday. I trust that every congregation, no matter which denomination, whether it's small or large, in an older building with a lot of history or in a building that once housed a furniture store, whether there's a praise band or a pipe organ...found the day to be filled with life-giving revival and wonder considering that glorious resurrection.

I love Easter! I love everything about it! I love the lilies...the way the smell of them hits you in the face the moment you enter the sanctuary, the way their glorious blooms seem to be trumpeting out grand alleluias even before the first chord of music begins. I love the music of Easter...for a whole year I've been waiting to sing out, "Christ the Lord is Risen Today, aaaaahalleluuia!" Oh, yes!...and I love singing "Up from the Grave He Arose."

You know, it starts out slow and somber with those low notes (my favorite!) and then it builds and builds to crescendo with that HE AROSE! Hallelujah! Christ a-rose!" You've just got to love that hymn! And I'll tell you what else I love about Easter Sunday. I love seeing children in their special new clothes. The boys with a brand new hair cut and girls with special curls or ribbons in their hair...and all of them looking so squeaky clean – so fresh, so new. (Please understand – I know Easter isn't about clothes, and I know we can celebrate and worship in

bluejeans if that's what we like...but for me those dressed up little ones say, "Today is a special day. All things are new on this day!")

Part of the liturgy for Easter Sunday says this, "The prophet Ezekiel sees a vision: God will take the dry bones of God's people, reconnect them, breathe into them, and restore them to life. Eternal God, you raised from the dead our Lord Jesus and by your Holy Spirit brought to life your Church. Breathe upon us again with your spirit and give new life to your people, through the same Jesus Christ our Redeemer. Amen.

This is my prayer for each of you this Easter season. And I pray that in each of us the fire of God's love is kindled anew.

Shalom,

Becky

Becky Gwaltney

Music Chair



Music, once admitted to the soul, becomes a sort of spirit, and never dies.

Music is a one of the ways that we praise our Lord and Savior in our Emmaus Community. We are always looking for musicians and singers. If you are interested or Have any questions, just drop me an email.

Thanks,
Chris Harbeck

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4th Day

DODU (Day of Deeper Understanding)
30 May 2009
8 to 12
St. Luke's UMC

Attention PR 57 and **58!** (and anyone who has not attended a DODU yet). Our next DODU one will be on 30 May, from 8 to 12 at St Luke's UMC in Yorktown (300 Ella Taylor Road). It will be followed by a pot luck lunch.

It is very important to attend a DODU. It will help to explain how to become more fully involved in the PR community, including sponsor and teaming information. If you wish to team and/or sponsor a pilgrim in the future (and I pray you will!) you must attend a DODU. It is also a great way to see your friends from your walk again.

Sponsors are encouraged to bring your pilgrim with you, and of course some food. If you walked before PR 57 and 58 but have not attended a DODU, it is not too late. Anyone in the PR community who has been to a DODU and would like to help, please call me at 327-007 or email at KBudzikslp@aol.com.

Fourth Day Chair

Kathryn Budzik...327-0779
KBudziks1P@aol.com

Team Selection

The Spring Men's Walk, PR 57, is now a recent memory, and the Spring Women's Walk PR 58 is fast approaching. Even though we have not fully completed the Spring Walks, it is not too early to submit a Teaming Application for the Fall Walks (PR 59 for Men and PR 60 for Women) or even Walks for next year. There is an updated Teaming Application now available on the website. You can also obtain the application from me at Gatherings, or by phoning (757-488-2817) or emailing (freddolfan@aol.com) me and I will send you one electronically or via snail mail (your choice).

Please use only the new Application Form, as it has the new PO Box to mail the form to, and has also been updated to make it easier for you to fill out (you can do so by printing it out and completing by hand or you can complete electronically and save to your computer, to use again) and also give the Team Selection Committee all of the information it needs to perform its function of putting together the best team possible. I realize that many of you have older versions of the Teaming Application that you continue to update and use for applying, however it is important to use the new form, and you'll only have to enter the information on the new form once, and then update in the future.

Thanks to the PR Community for continuing to support our walks by Teaming and volunteering to do those community support duties necessary for the walks to be successful. I will be patiently (at least for awhile) waiting on your applications.

Next Month: *We'll talk about the requirements for different team positions on a walk.*

De Colores!

Fred Salanitro,

PR-58 Team

Connie Bowen	Ed Merry
Kathryn Budzik	Anne Merry
Beth Burroughs	Marjorie Moore
Penny Cory	Teresa Morris
Clyde DeLoatch	Nancy Rickabaugh
Sherry Duke	Gwen Rutherford
Bekah Elmore	Debbie Salanitro
Becky Gwaltney	Sharon Schwartzlow
Julie Hancock	Sherri Staples
Dusti Johnson	Phil Stout
Lynne Landrum	Nancy Strickland
Virginia Leftwich	Jill Webb
Shannon Massey	

Beth Higginbotham	Claudia Tifenback
Theresa Howe	Doris Warf
Mary Hundley	Louisa Wickline
June Jordan	Cathy Williamson
Genevieve Lane	Becky Zeller
Jo Anne Lutinski	
Tammy Martin	

Doe Breen
PR24

[Peninsula Rainbow Registrar](#)
preregistrar@yahoo.com

Community Roster

The community roster is a continuous process. If you have changed your name, address, phone number, email or changed your church, we want to know your new information so that we can keep in touch with you! Each of us is important to this community. We don't want anyone left off our email or snail mail list. Please send your updated information to preregistrar@yahoo.com

Thanks!
Doe Breen
PR58 March 30th

So...here is what you do...print out a Pilgrim Application
<http://premmaus.com/AmendedPigrimApp08.pdf>

Fill out your sponsor information, place it in a box...gift wrap it and put a beautiful bow on it. Don't forget to attach an Agape' letter! Hand deliver the box and watch with JOY as they unwrap this gift of Agape' love. Mail the completed application to me...ASAP!

Now that's a Valentine's Day gift that will never wither or be forgotten!

I look forward to seeing those applications fill our Emmaus PO Box!

May God continue to bless each of as you go about doing HIS work.

DeColores!
Doe Breen
PR24
[Peninsula Rainbow Emmaus Registrar](#)
preregistrar@yahoo.com



Registrar's Report

Welcome to the 17 men who walked on PR57! We were so blessed to have meet and served you on your Emmaus weekend. We look forward to seeing you again very soon..

We have 28 women registered for PR58! Praise God! They will arrive at Holy Family on April 30th at 6:30pm! It has been very exciting receiving all those applications. Keep up the good work! Don't forget to mark your calendars for all the PR58 weekend activities!

I have already begun receiving applications for PR59 & PR60. It's never too early to invite someone to attend a weekend. The men's fall walk dates are October 8 - 11, the application deadline is September 8th. The women's fall walk dates are October 29 - November 1st, the application deadline is September 29th. Let's fill up Holy Family this fall!

Remember that the Community Roster is an ongoing project. If your contact information has changed please let us know. We want to stay in touch with you!

God bless you as you continue to be His hands and feet in the world.

PR 58 Pilgrams

Betty Carol Brett Smith	Stephanie McClain
Theresa Butler	Ivy Miller
Nellie Carbaugh	Jane Miller
Erin Carter	Janie Murrell
Shirley Cooper	Diane Overstreet
Helen Freiler	Carolyn Prokup
Jan Gallahan	Amy Riggs
Sandra Hensley	Cecelia Short

Gatherings Chair

Hi All,

The votes are in and 82% of you wanted to move the SATURDAY night gathering to 6:00PM! SO, starting with the MAY gathering at Christ UMC on Deep Creek Rd in Newport News we will meet at 6:00.

They are having a BBQ dinner/fundraiser that day that ends at 6:00 so you can come early, have dinner and support them.

The other thing that we voted on was having a potluck dinner before the gathering. Most of you were in favor of that also, SO starting in June we will have a potluck at 5:00 PM prior to the gathering. The fellowship after the gathering will continue as well.

Our NEXT gathering is the CANDLELIGHT SERVICE for PR58 at St. Marks UMC on Mercury Blvd in Hampton (same place as last time). The start time is 6:30; make sure to get there early enough to sign place mats for the pilgrims. Let's do our best to repeat, better yet IMPROVE ON the turnout we had for PR57 which was OUTSTANDING! We all know how much it meant to us when we walked into the sanctuary on that Saturday night on our walks and this is our opportunity to give back what has been so freely given to us, the LOVE of JESUS CHRIST and God's GRACE given to us through the members of this wonderful community.

Shaun Smith, PR 51
757-408-5433
RShaunSmith@verizon.net



PRE Board of Directors
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Harriette Suggs...757-488-1961
hsuggs@cox.net

Community Spiritual Director
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BDDramatic@aol.com

Asst. Community Lay Director
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kfrowe@hughes.net

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Gelvt64@aol.com

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rtmm@cox.net

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Sara Price...757-595-6255
pigs4sp@aol.com

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John3-16@charter.net

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RShaunSmith@verison.net

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KBudziks1P@aol.com

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freddolfan@aol.com

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Luke19vio@gmail.com

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Semary07@hotmail.com

Spiritual Director
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hokierev@gmail.com

PRAYER FOR OTHER EMMAUS COMMUNITIES

AGAPE

PR58 walk is just around the corner. Have you gotten your AGAPE ready?

Table Agape – items given out just prior to talks.

Bed Agape – remember your walk? Show your love...we love your hand made items.

Food Agape – Grazing table is always a big hit. If you have home made items, give us an idea what's in it. (e.g. Sausage & Cheese dip)

Service Agape – Serve a meal or help in the back ground.

A good rule of thumb is to remember where an expression of AGAPE Love comes from. Then follow your heart.

Bring Agape to Thursday send off or contact me for other arrangements.

Prayer Wheel

Please stay tuned for your opportunity to sign up for the PR 58 Prayer Wheel. An email will be sent out on the 12th – please send you reply to me at:

john3-16@charter.net

Thank you in advance for your continued support of out Emmaus Community.

Prayer Requests

It is once again time to pray for our brothers & sisters in other communities.

Please keep the following Emmaus, Cursillo and Kairos communities in your prayer for their up coming walks.

Brisbane South Community Australia

Buckingham Correctional Center in Dillwyn VA

Central Texas Emmaus

Drake Co. OH

Eastern Panhandle of West Virginia

Eastern Shore VA

Heart of Carolina Raleigh NC

Kalamazoo Area Emmaus MI

Lynchburg/Central VA

Marin Cursillo Community CA

Maryland Emmaus

Maysville, KY LOVE

Michiana Emmaus Community MI

Mountain Top - PA

New Covenant Emmaus - AL & TN

Noah's of Ark

Northern Lights OH

Shenandoah Valley Emmaus VA

Southern Maryland

<(((< Stan Bowen
Agape Chair
John3-16@charter.net

Directions to ST Marks



5: Merge onto US-258
N/ W MERCURY 3.6
BLVD via EXIT 263 mi
toward COLISEUM.

• [Map](#)

• [Avoid](#)



6: Turn LEFT onto
CURLE RD. 0.0
mi

• [Map](#)

• [Avoid](#)



7: End at 99 E Mercury Blvd Hampton, VA
23669

PENINSULA RAINBOW REUNION GROUPS

If you do not see your reunion group or need to change any info please call me @ (757) 224-6285.
De Colores – Rodney Moore Group Reunion Chair

Aldersgate Heartwarmers- Contact: Rick Jacobson dogstars@cox.net

Meets 1st Tuesday @ 7:00 PM Aldersgate UMC

Babe Chicks – Contact: Debi McNichol 761-0648 justdlm@hotmail.com

Meets 3rd Saturday each month @ Denny's on Mercury & Cunningham, Hampton

Beautiful Feet-Contact: Dave Hirlinger davehi@cox.net

Meets last Saturday of each month 9:00 AM @ Northhampton Presbyterian in Hampton

Bellamy UMC- Contact: Martin & Teri Walker pzb2god@earthlink.net

Meets 1st & 3rd Friday of month @ 7:30 PM

Bethany Reunion Group- Contact: Doe Hart (804) 642-0933 doeann7481@yahoo.com

Meets the first three Thursdays of every month. @ 6:30 to 7:30

Crooks Memorial UMC – Contact: Paul Phillips (757) 898-6702

First Sunday @ Five- Contact: Rodney Moore 224-6285

Meets 1st Sunday @ 5:00PM

Five Forks—Contact: Sharon Schwartzlow 220-0431 jschwart@widowmaker.com

Meets Fridays 7:30 AM @ The Garden Café on Hwy 5 & Ironbound Rd.

Gloucester Presbyterian Church-Contact: Barbara Coulson 804-693-8502

Meets every Wednesday @ 12:00 noon

Harbor Lights-Contact: Debbi Brightbill 757 850-2368 dbrightbill@cox.net

Meets last Sunday each month 4:00 PM Harbor Pointe Community Church

Kilmarnock UMC/Men's Group-Contact: Jay Siddons jaysiddons@hotmail.com

Meets @ Lee's Restaurant Sundays @ 8:00 AM

Lamplighters (day group)- Contact: Alann Hudson 851-9060

Meets Wednesdays @ 1:00 Pm @ Alann's home

Lamplighters (night group)-Contact: Arie Ritchie 850-1559

Meets @ Foxhill Central UMC Wednesdays @ 8:00 PM

Light Of Christ-Contact: Michael Uenking 864-6954 michael.d.uenking@nasa.gov

Meets every Friday 12:00 non @ NASA

Online for Christ-Contact: Star Lester (804) 824-4301 starider52@aol.com

Meets 3rd Sunday @ 8:00 PM online

Parkview Starlights-Contact: Sara Price 595-6255 pigs4sp@aol.com

Meets 3rd Tuesday of month @ Parkview UMC

Pass It On-Contact: Kandi Rowe 539-7916

Meets 1st & 3rd Thursdays @ 7:00 PM Magnolia UMC/Suffolk

Reunion Group-Contact: Mary Linda Womack 766-0885 chefett@cox.net

Meets 1 or 2 times a month @ Womack's Home

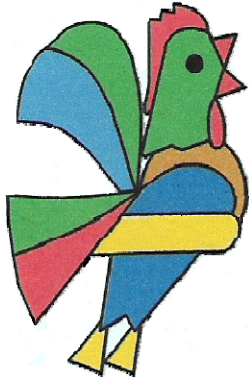
Thursday Morning Boys- Anthony Budznik 327-0779 Budziknav2@aol.com

Meet Thursday Mornings Cavanaugh's Bagel Shop

Warwick Memorial UMC- Contact: Fred Townsend 877-7916 ftgolf@aol.com

Meets 3rd Thursday each month/different homes

The next Peninsula Rainbow Emmaus gathering will be at



:

St Marks UMC
99 East Mercury Blvd
Hampton, VA 23669

Gathering Date – May 2nd - Starting at 6:30 PM

Comments or Questions on the Newsletter?

Newsletter Editor: Jerry Lawson a56r4ever@aol.com

Website - www.premmaus.com

Peninsula Rainbow Emmaus Community
P.O. Box 7743
Hampton, VA 23666-0743

To:

ADDRESS CORRECTION REQUESTED