

Peninsula Rainbow Emmaus

Newsletter



Community Lay Director's Notes

Well, here is another year. I can't believe that the last one has come and gone. As we get older, time does seem to go much faster and faster. With this New Year, brings new members to your board. It is my pleasure to welcome the new board members as well as the returning members. Your new board members list is on page 4 of this newsletter.

We have started our work for the year. The Spring Men's team has been selected and the Spring Women's team is in the process of being selected. The walk dates for the spring is March 12-15 for the men and April 30-May 3 for the women. The Fall Walks will be Oct 8-11 for the men and Oct 29-Nov 1 for the women.

One of the things the board will be working on is reviewing the By-Laws. They have not been updated in over 10 years. We have a committee to review them. They may be contacting any of you that helped draft the original to provide insight and information. Fred Salanitro has been assigned as the committee Chair.

Last year there was a great deal of discussion about the attendance at the Gatherings. It was decided to change the Gatherings to the 4th Saturday to see if that will bring any additional people. We will start the Saturday night Gatherings in February. The January Gathering will be at Covenant UMC in Chesapeake on the 23rd and the February Gathering will be on the 28th. So see you all on the 23rd.

Thank you for your support and your willingness to serve our Lord in whatever way He leads. We are here to do His work not our own and all the praise goes to Him. God bless you all.

DeColores!
Harriette Suggs
Community Lay Director

Spiritual Director's Notes

Greetings, Community!

In April of 2001 my secret prayer partner gave me a tiny book called *The Prayer of Jabez* by Bruce Wilkinson. It was a new book then, and was causing quite a bit of excitement. If you're not familiar with the story of Jabez you can look it up in your Bible. It's stuck in the book of 1 Chronicles, in the 4th chapter. I confess, his prayer had not really stood out to me before reading this book. But in 2001, I joined countless others and began praying the prayer of Jabez. I asked God to bless me and to "enlarge my territory." If you have any doubts about God answering prayer, try praying the simple prayer of Jabez! (Two days after I began praying this prayer I got a phone call from someone I barely knew asking me to officiate at the funeral of her mother! I was a layperson then and knew absolutely nothing about conducting a funeral.) And it was shortly after that that I felt the call to ministry and began the process of becoming a Local Pastor.

I continue to pray that prayer. And God does indeed continue to enlarge my territory (and to bless me!). Part of my territory now includes serving as your Community Spiritual Director. I need to tell you that I am honored to fulfill this position, and at the same time am humbled by the responsibility you have entrusted to me. I ask for your prayers of encouragement and support as I attempt to be God's person acting in this role. I've seen God work in mighty ways on so many weekends, and I know that will continue to happen with or without my leadership. This is a wonderful community, and I love each one of you. I thank God for this opportunity to serve in a new way.

Shalom!

Becky Gwaltney

Tw19

Table of Peaceful Rippling Water!

Music Chair



Music, once admitted to the soul, becomes a sort of spirit, and never dies.

Music is a one of the ways that we praise our Lord and Savior in our Emmaus Community. We are always looking for musicians and singers. If you are interested or Have any questions, just drop me an email.

Thanks,
Chris Harbeck

Team Selection

I am both excited and humbled by the opportunity to serve as the community's Team Selection Chair for 2009. With the Men's (PR 57) and Women's (PR-58) Spring Walks fast approaching, the Team Selection Committee is fully involved in assisting Lay Directors Wayne Hunley and Lynn Landrum in having a good mix of teamers for these upcoming walks. The selection committee tries to maintain a balance of about 1/3 first-time teamers, 1/3 teamers who have teamed 1-2 times, and 1/3 teamers with several walks worth of experience – which is not always possible because it takes many applications to be able to accomplish such a balance.

Although the men's PR-57 team is close to being set, since they need to start teaming at the end of January, we do not have many 'extra' applications and there is still a need for applicants from all three categories mentioned above just in case those selected cannot participate for any reason. PR-57 will take place on March 12-15, 2009. If you apply for PR-57 and are not selected, you can always roll your application over to PR-59 which will take place on October 8-11, 2009.

As I write this article, the committee has not yet met to consider applications for the women's walk, which takes place on April 30 – May 3, 2009, but will be meeting soon to start team selection, and **applications are still needed for the women's walk**. The same 1/3, 1/3, 1/3 mix is the goal for the women's walk as well – so those of you who have recently walked and have attended a Day of Deeper Understanding

(DODU), you are eligible to team, and those with teaming experience, you are needed as well.

Even though the immediate focus is getting the teams in place for PR-57 and PR-58, it is not too soon to submit applications for future walks – the 2009 fall walks or even walks coming up in 2010. The most recent Teaming application is available on-line at www.premmaus.com. I will also have applications available at gatherings (the next gathering is January 23 at Covenant UMC in Chesapeake), the Lay Director's will have applications, or you can call (757-488-2917) or email me (freddolfan@aol.com) and I will send you a copy.

Being a member of an Emmaus Team is an awesome experience and responsibility, and it is an opportunity for you to give back to the community as we continue to make this experience available to others whom the Lord has laid on the hearts of their sponsors.

Please prayerfully consider your ability and willingness to be a part of the teaming experience, and if the Lord calls you – submit an application to be a part of an Emmaus team. And remember; God doesn't call the equipped, he equips the called.

De Colores!

Fred Salanitro,
Team Selection Chair

Registrar's Report

Happy New Year to all of you!!

Enclosed are the dates that have been set for the 2009 walks. Please take a moment to mark your calendars for these walk dates and the application deadlines. The walks are earlier this spring, so I look forward to watching the pilgrim list come together for these walks over the next weeks.

Walk #, Walk Date, Application Deadline

PR 57 Mar 12-15 Men
(app. deadline Feb 12th)

PR 58 Apr. 30 – May 3 Women
(app. deadline Mar. 30th)

PR 59 Oct 8-11 Men

(app. deadline Sep 8th) **PR 60 Oct. 29 - Nov 1 Women** (app. deadline Sep. 29th)

Community Roster

The roster has been converted from a word document to an excel document. While doing this, changes in information was noticed. If you have had **ANY** information change since your walk please email your updated information to me.

It was also brought to my attention that people who have walked in other communities are not listed in the roster. If you walked in a different community, but you attend Peninsula Rainbow Emmaus now and you would like to have your information in the roster, please email your information and I will gladly add you.

Thanks!
Doe Breen



Gatherings Chair

From the gatherings chair, **NEW DAY** for the Gathering

This months gathering is south of the James, BUT only a little ways. Our brothers and sisters from south of the James and north of the York are faithful in attending ALL of our activities on the Peninsula.

Let's show our **GRATITUDE** with a **LARGE** turnout at the first gathering of 2009

We will meet at Covenant UMC 2004 Dock Landing Road in Chesapeake

Attendance has been off at normal gatherings and many have requested a Saturday night get together. We'll give this a go for the first part of this year and see how it goes starting in February.

Shaun Smith
408-5433
RShaunSmith@verison.net



PRE Board of Directors

Community Lay Director
Harriette Suggs...757-488-1961
hsuggs@cox.net

Community Spiritual Director
Becky Gwaltney ...810-9397
BDDramatic@aol.com

Asst. Community Lay Director

Kandi Rowe...757-539-7916
kfrowe@hughes.net

Secretary

Virginia Leftwich...240-5714
Gelvt64@aol.com

Treasurer

Rodney Moore...757-224-6285
rtmm@cox.net

Community Support Chair

Sara Price...757-595-6255
pigs4sp@aol.com

Agape Chair

Stan Bowen...
John3-16@charter.net

Gatherings Chair

Shaun Smith...
RShaunSmith@verison.net

Fourth Day Chair

Kathryn Budzik...327-0779
KBudziks1P@aol.com

Team Selection Chair

Fred Salanitro 757-488-2917
freddolfan@aol.com

Supplies Chair

Jim Manner...376-3612
Luke19vio@gmail.com

Registrar Chair

Doe Breen...
preregistrar@yahoo.com

Reunions Chair

Terri Walker...757-509-2079
pzb2god@earthlink.net

Music Chair

Chris Harbeck
cjaxeman@yahoo.com

Newsletter Editor

Jerry Lawson...757-223-1447
a56r4ever@aol.com

Spiritual Director

Mary Marshall...
Semary07@hotmail.com

Spiritual Director

Dan Elmore...757- 240-5508
hokierev@gmail.com

PRAYER FOR OTHER EMMAUS COMMUNITIES

AGAPE

Happy New Year!

We are already receiving Agape Letters from all across the US in preparation for our Spring walks. Now is the time to start planning BED AGAPE and TABLE AGAPE.

Letters of encouragement, spiritual quotes, snacks and any expressions of love should be started now. Don't wait til the last minute.

Any reunion group planning on submitting Agape should contact me with a description of your items. In addition, any group or individual needing ideas for Agape should also contact me for a list of ideas.

Beginning at this months *Gathering*, I will pass around the sign-up sheet for the men's prayer wheel. In addition I will send out email updates weekly until the list is full.

More information about Agape will be sent by email over the next several weeks. Make sure we have your current "e" address.








<(((>< Stan Bowen
 Agape Chair
 John3-16@charter.net

The **PREMMAUS** Board for 2009

Community Spiritual Director	The Reverend Becky Gwaltney
Community Lay Director	Harriette Suggs
Spiritual Director	Mary Marshall
Spiritual Director	Dan Elmore
Asst. Community Lay Dir.	Kandi Rowe
Team Selection Chair	Fred Salinitro
Registrar	Doe Breen
Music Director	Chris Harbeck
Agape Chair	Stan Bowen
4th Day Chair	Kathryn Budzik
Gatherings Chair	Shaun Smith
Treasurer	Rodney Moore
Secretary	Virginia Leftwich
Newsletter	Jerry Lawson
Community Support	Sara Price
Reunion Chair	Terry Walker
Supply Chair	Jim Manner

Directions to Covenant UMC

Directions from A to B:

-  1: Start out going **NORTHEAST** on **SHOE LN** toward **MORGAN DR.** 0.5 mi • [Map](#)
-  2: Turn **SLIGHT RIGHT** onto **AVENUE OF THE ARTS.** 1.5 mi • [Map](#) • [Avoid](#)
-  3: Turn **SLIGHT RIGHT** onto **JEFFERSON AVE/US-17 S/VA-143 E.** Continue to follow **JEFFERSON AVE/VA-143 E.** 6.4 mi • [Map](#) • [Avoid](#)
-  4: Merge onto **I-664 S/HAMPTON ROADS BELT** toward **SUFFOLK.** 12.6 mi • [Map](#) • [Avoid](#)
-  5: Merge onto **VA-337 E/PORTSMOUTH BLVD** via **EXIT 11B** toward **PORTSMOUTH.** 1.9 mi • [Map](#) • [Avoid](#)
-  6: Turn **RIGHT** onto **DOCK LANDING RD/VA-663.** 1.0 mi • [Map](#) • [Avoid](#)
-  7: End at **2004 Dock Landing Rd Chesapeake, VA 23321**

PENINSULA RAINBOW REUNION GROUPS

If you do not see your reunion group or need to change any info please call me @ (757) 224-6285.
De Colores – Rodney Moore Group Reunion Chair

Aldersgate Heartwarmers- Contact: Rick Jacobson dogstars@cox.net

Meets 1st Tuesday @ 7:00 PM Aldersgate UMC

Babe Chicks – Contact: Debi McNichol 761-0648 justdlm@hotmail.com

Meets 3rd Saturday each month @ Denny's on Mercury & Cunningham, Hampton

Beautiful Feet-Contact: Dave Hirlinger davehi@cox.net

Meets last Saturday of each month 9:00 AM @ Northhampton Presbyterian in Hampton

Bellamy UMC- Contact: Martin & Teri Walker pzb2god@earthlink.net

Meets 1st & 3rd Friday of month @ 7:30 PM

Bethany Reunion Group- Contact: Doe Hart (804) 642-0933 Doeann7481@yahoo.com

Crooks Memorial UMC – Contact: Paul Phillips (757) 898-6702

First Sunday @ Five- Contact: Rodney Moore 224-6285

Meets 1st Sunday @ 5:00PM

Five Forks—Contact: Sharon Schwartzlow 220-0431 jschwartz@widowmaker.com

Meets Fridays 7:30 AM @ The Garden Café on Hwy 5 & Ironbound Rd.

Gloucester Presbyterian Church-Contact: Barbara Coulson 804-693-8502

Meets every Wednesday @ 12:00 noon

Harbor Lights-Contact: Debbi Brightbill 757 850-2368 dbrightbill@cox.net

Meets last Sunday each month 4:00 PM Harbor Pointe Community Church

Kilmarnock UMC/Men's Group-Contact: Jay Siddons jaysiddons@hotmail.com

Meets @ Lee's Restaurant Sundays @ 8:00 AM

Lamplighters (day group)- Contact: Alann Hudson 851-9060

Meets Wednesdays @ 1:00 Pm @ Alann's home

Lamplighters (night group)-Contact: Arie Ritchie 850-1559

Meets @ Foxhill Central UMC Wednesdays @ 8:00 PM

Light Of Christ-Contact: Michael Uenking 864-6954 michael.d.uenking@nasa.gov

Meets every Friday 12:00 non @ NASA

Online for Christ-Contact: Star Lester (804) 824-4301 starider52@aol.com

Meets 3rd Sunday @ 8:00 PM online

Parkview Starlights-Contact: Sara Price 595-6255 pigs4sp@aol.com

Meets 3rd Tuesday of month @ Parkview UMC

Pass It On-Contact: Connie Schubert 986-3279

Meets 1st & 3rd Thursdays @ 7:00 PM Magnolia UMC/Suffolk

Reunion Group-Contact: Mary Linda Womack 766-0885 chefett@cox.net

Meets 1 or 2 times a month @ Womack's Home

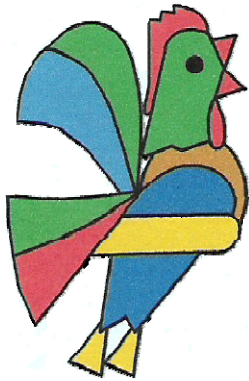
Thursday Morning Boys- Anthony Budznik 327-0779 Budziknav2@aol.com

Meet Thursday Mornings Cavanaugh's Bagel Shop

Warwick Memorial UMC- Contact: Fred Townsend 877-7916 ftgolf@aol.com

Meets 3rd Thursday each month/different homes

The next Peninsula Rainbow Emmaus gathering will be at



:

Covenant UMC
2004 Dock Landing Road
Chesapeake, VA 23321

Gathering Date – Jan 23th - Starting at 7 PM

Comments or Questions on the Newsletter?

Newsletter Editor: Jerry Lawson a56r4ever@aol.com

Website - www.premmaus.com

Peninsula Rainbow Emmaus Community
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To:

ADDRESS CORRECTION REQUESTED