

Peninsula Rainbow Emmaus

Newsletter



Community Lay Director's Notes

This month is the mid point in the year. Wow, how fast time moves on as we get older. Well, not really, time is time – as we get older we perceive time as moving faster. I really wish I could slow it down just a bit.

The Spring Walks are over and the Babe Chicks have been to the Day of Deeper of Understanding (DODU) and gotten a thumbnail sketch of what goes on behind the scenes during a walk. This DODU was one of the best attended in a while. I congratulate all you sponsors on getting your Babe Chicks there. Sometimes I think we forget that DODU is the final step in sponsoring a pilgrim. It is one of the most important steps. Babe Chicks must attend DODU in order to team or sponsor someone. We had 37 Babe Chicks from PR 52 thru PR 58. It was a very good day. While it is very important to get the Babe Chicks there and we really advertise that part, DODU is also for all community members. If it has been a while since you attended or you have not yet sponsored or teamed, you might need a refresher workshop. There are workshops on teaming and sponsorship. They go into detail on what is expected to team or to be a sponsor. Both require more than filling out a piece of paper and showing up. DODU is the event that can help you. These should be done prayerfully and with the guidance of our Lord. There is a lot of hard work involved in both and we want our best for God so the pilgrims can have an awesome face to face with Jesus.

Consider attending the Fall DODU. You know it is a good place to meet and have fellowship with our newest community members. Hope to see everyone at the next DODU.

DeColores!
Harriette Suggs
Community Lay Director

Spiritual Director's Notes

Dear disciples,

As many of you know, I had an “interior nose job” surgery this past month. I'll spare you the gory details, but suffice it to say, my breathing was completely blocked through the right nostril, and partially blocked through the left nostril. I didn't have to have the surgery to fix the left side, but opted to go ahead since the doctor would be in there anyway!

What a difference this surgery has made! I can breathe so much easier since I went through this procedure. Now everything works like it's supposed to. Since the surgery, I've found myself more focused on that everyday task that we each do every minute, usually multiple times in a minute... BREATHING! I've just noticed how easily I can breathe now through my nose, and how great it feels. The thing is you're probably reading this thinking, “What's the big deal?” It's amazing what we take for granted until we don't have it!

As we celebrate Pentecost on May 31st, we celebrate how the Holy Spirit came upon those first followers of Jesus Christ, such that onlookers thought that they were drunk! In preparations for preaching on this text, I've thought about the disciples in their days between Easter and Pentecost. They'd experienced the risen Christ, yet they were still lacking something. Jesus had promised them the Holy Spirit, yet they hadn't experienced it yet. They had no idea how it would feel or what would happen. I'm sure even they were surprised when the Holy Spirit filled the place where they were meeting in Acts 2 and all kinds of God-crazy stuff started happening.

Yet here we are, 2000 years of Holy Spirit goodness later... but I wonder how much of this *ruach*, this breath of God, have we taken for granted? We're all familiar with the prayer to the Holy Spirit in Emmaus model, but do we really expect the Spirit to show up and show out when we pray that prayer? I hope we do! More than that, I pray that we might never take for granted the presence of the Holy Spirit throughout our lives as followers of Jesus Christ. As naturally as we breathe air into our lungs, we must breathe God's Spirit into our hearts. And if we find ourselves unable to breathe it in, what needs to be taken out of the way? Maybe it's some spiritual snot! Maybe it's some sinful scar tissue. Whatever it is, get it out, and may we always breathe deeply the things of God through the power of the Holy Spirit!

DeColores!
Dan Elmore

Music Chair



Hello All, Now
that the community uses laptops and projectors for our functions we no longer use the old overhead projector and the transparency slides. So if anyone in the community knows of a church or someone that would benefit from these items please contact myself and we can make arrangements to get them to you. Each month we play great songs to uplift our spirits and get the fire going. If you have a song that you would like us to play at future gatherings(as long as it has a CCLI #), We will try to learn it for you for the next gathering. Please send me an email and I will check on the CCLI#. In Christ,

Thanks,
Chris Harbeck

4th Day

Fourth Day Chair

Kathryn Budzik...327-0779
KBudziks1P@aol.com

Team Selection

Your Team Selection Committee has been busy over the last month, completing a task that was in need of doing for some time. We have completed an update of all of the walk materials that the Lay Director, Spiritual Director, and Team members use on the walks. My thanks go out to George Leftwich and Dan Elmore who assisted in this update, and Bruce Burroughs

who provided documents and consultation in the process.

With that task completed, we now turn our attention to selecting the teams for the fall men's (PR-59) and women's (PR-60) walks. To date, we have received fifteen (15) applications for PR-59 and eleven (11) for PR-60. What, you might ask does this mean? Well, it means we need a LOT MORE APPLICATIONS for both walks. **We especially need** applications from **1st timers**, those who have **walked once or twice**, and we also need **spiritual directors**.

In addition, for the women's walk we are looking for ladies with musical experience (especially those who play guitar or other instruments).

Please prayerfully consider applying to team on one of the fall walks, and if you feel God calling (it's ok to ask rather than wait for the call) please go to the PRE website (www.premmaus.com) and download the application, fill it out electronically or by hand, and send it to the PO Box on the back of the application. If you fill it out electronically, you can also email it to me at freddolfan@aol.com. Either way, please call me and let me know you sent it so I can be on the lookout for your application (757-488-2917). I will also have applications at the next Gathering on Saturday June 27 at St. Luke's UMC in Yorktown.

Team Selection for the Men (PR-59) needs to start around the end of June, and for the women (PR-60) around the middle of July. Christ needs you to be His hands and feet on PR-59 and PR-60...will you answer the call?

De Colores!

Fred Salanitro,

Registrar's Report

Why Sponsor someone to go on a Walk to Emmaus? To spiritually renew and refocus people to be better equipped to serve God in their church, their family, their job and their community. Remember how someone sponsored you and blessed your life with this precious gift? Think about the people that you encounter in your life, who would God want you to invite on this journey? Enter into intentional prayer about who it is that God is calling to walk with Him. Just as the walk weekend is covered in prayer, so is the task of sponsoring.

To sponsor someone on an Emmaus walk you must have attended a Day of Deeper Understanding (DODU).

Applications for PR59 & PR60 have started to arrive! It's never too early to invite someone to attend a weekend. The men's fall walk dates are October 8 - 11, the application deadline is September 8th. The women's fall walk dates are October 29 - November 1st, the application deadline is September 29th. Let's fill up Holy Family this fall!

To download a pilgrim applications please go to <http://www.premmaus.com/AmendedPgrimApp09.pdf> Mail the completed application along with a \$50 deposit to the address listed on the application.

Remember that the Community Roster is an ongoing project. If your contact information has changed please let us know. We want to stay in touch with you!

God bless you as you continue to be His hands and feet in the world.

Doe Breen
PR24

Peninsula Rainbow
Registrarpreregistrar@yahoo.com
preregistrar@yahoo.com

Thanks!
Doe Breen
PR58 March 30th

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Gatherings Chair

Wonderful gathering at Christ, had teenagers dancing in the aisle again this month!!

Thanks to Christ UMC for hosting us and the wonderful fish dinner. The months gathering is at **St. Lukes UMC in Grafton, 300 Ella Taylor Rd on June 27th AT 6:00 PM**

<http://www.mapquest.com/maps?city=Grafton&state=VA&address=300+Ella+Taylor+Rd>

REMEMBER: THE POTLUCK STARTS AT 5:00 IN THE FELLOWSHIP HALL, BRING A COVERED DISH.

WE WILL STILL HAVE FELLOWSHIP AFTER THE GATHERING

The reason for the potluck, other than the obvious that we like to meet and eat, is this: Some of our families have to travel a long way for the gathering and eating before they leave home at around 4:00 (or earlier) doesn't work for them.

RShaunSmith@verizon.net

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PRE Board of Directors

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hsuggs@cox.net

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BDDramatic@aol.com

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Spiritual Director

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hokierev@gmail.com

***On the Money...***

In an effort to increase communication between you and your PR Emmaus board, this financial article called "On the Money" will be a semi-regular article dealing with financial matters.

In this initial article, we're focusing on an overall snapshot of what it takes to support our PR Emmaus community financially. Did you know that the team and pilgrim fees do not cover all of the costs of putting on a Walk?

Team and pilgrim fees for the Walks cover the cost of food and lodging for using Holy Family. The current total Team and Pilgrim fee of \$200 covers the cost of food and lodging and we pay only for the total number of teamers and pilgrims on the walk. Additional costs are incurred to buy items that do not get donated, such as water and talk room supplies, and those items we order such as materials to make buttons, New Testaments, *Coming Down From the Mountain* books, etc.

In addition, there is the cost to copy and mail newsletters to those without email and various other administrative and other costs necessary to keep the Community functioning.

Your PR Emmaus Board of Directors are careful stewards of the Community's funds, and take every step possible to not spend money unless it is necessary. The only current source of funds the community has outside of team and pilgrim fees, is the offering collected at our monthly gatherings. The board has considered having fundraisers to bring in additional monies, but we have not come through what an effective fundraiser might be.

Well, that's a quick snapshot of the financial requirements to keep our PR Emmaus Community going. We hope this gives you some insight into where your fees and donations go, and, we also hope that you will continue to be as generous as you can at gatherings and other opportunities to support the community financially.

De Colores!

Rod Moore

Treasurer

Supplies Chair

We are in need of several items for the upcoming walks. If anyone can donate any of these items, it can help reduce the costs incurred from our overall budget, which can then help direct those funds to other areas.

The first request is for "I'm lovable" and "I am the Church". This request is directed to those hardcore teamers who have accumulated so many of these buttons that they don't know what to do with them! If you can return your buttons, it could help us avoid ordering more -- which will only be tossed in a drawer or box and be forgotten! Again, this request is directed to teamers who might have four to 14 of each one of these items lying around!

If you can donate any of the following items, please bring them to the next gathering and I will have collection bags:

- Play-Doh -- the best place to buy the four-packs is at the dollar store
- Pens
- Multi-colored folders (the kind with the three prongs to hold paper)

Thank you,
Jim Manner

ARE YOU BEING CALLED?
YES!

**God called Moses from the burning bush.
Moses replied "Here I am!" (Exodus 3:4)**

**God called Samuel in the Tabernacle.
Samuel replied "Yes, your servant is listening." (1
Samuel 3:10)**

**"..God's gifts and his call can never be
withdrawn." (Romans 11:29)**

**"Do not be afraid, for I have ransomed you. I
have called you by name. You are mine." (Isaiah
43:1)**

The Peninsula Rainbow Board of Directors is composed of both lay and clergy members. Each year four new lay members and one clergy are elected to serve for three years. The lay positions are: Community Lay Director, Assistant Lay Director, Treasurer, Secretary, and Chairman of the following committees: Registrar, Gathering, Agape, Supply, Reunion, Music, 4th Day, Community Support, Team Selection and Newsletter.

Your Board with the Holy Spirit works to keep the Walk to Emmaus alive in our Community. Board members are volunteers who have answered their call to serve the Community.

If you are being called to serve your Peninsula Rainbow Community as a member of the Board of Directors and would like more detailed information about the position responsibilities, please email me at gelvt64@aol.com or call me at (757)240-5714.

The election will be held at the November Gathering.

"So dear brothers and sisters, work hard to prove that you really are among those God has called and chosen." (2 Peter 1:10)

**Virginia Leftwich
Board Recorder**

PRAYER FOR OTHER EMMAUS COMMUNITIES

It was wonderful to see so many "Babe Chicks" at DODU. The booklet I used during my Agape presentation was Day Four and was purchased from the UpperRoom.com. I have seen some copies at our local Christian book stores but I do not know if they keep them in stock. If you are interested in learning more about your Walk or Emmaus, please take a look at the Emmaus Library Series from Upper Room.

Day Four

**The Pilgrim's Continued Journey
(Revised)**

By Robert Wood

Paperback

\$5.00

80 Pages

ISBN# 978-0-8358-9880-6

Order# 9880

**This month the following communities are
having their Walks. Please keep them in your
prayers.**

**Dallas Emmaus Community
East Ohio Emmanuel Emmaus Community
Findlay Area, Ohio
High Plains Emmaus Community
Idaho Walk to Emmaus Community
Maysvilled, KY - LOVE
Mid Ohio
Southside VA Emmaus
Wabash Valley
Wilmington Area Emmaus**

DeColores!

YBIC

<(((>< Stan Bowen

John3-16@charter.net

Directions to St. Lukes

From Point North: Cross York River bridge. Proceed south on US 17; turn left onto Ella Taylor Road. (Stop light immediately after bowling alley). Church is on the right.

From Hampton: Take Magruder Blvd. towards Yorktown (US 134) Merge onto US 17 North. Turn right onto Ella Taylor Rd

From Newport News: Proceed North on US 17 Turn right onto Ella Taylor Road.

Scholarship or Not?

Has God laid someone on your heart for you to sponsor or to team on the next walk? Has the recent economy put a monkey's wrench in that and there is more month than money?

You need a full or partial scholarship. How do you go about asking for help? You should first go to your Reunion Group. (We all are in a Reunion Group, right?) If you need additional help, go to your church family and ask them to help share God's love with others. Still need more help? Each application to team and sponsor has a section to indicate you need scholarship (full or partial) help. The community can help with any additional help needed. These requests are held in strictest confidence. Don't let our economy or the devil keep you from sponsoring a pilgrim or saying yes to being God's hand and feet with skin on.

DeColores,
Harriette Suggs
Community Lay Director

PENINSULA RAINBOW REUNION GROUPS

If you do not see your reunion group or need to change any info please call me @ (757-509-2079).
De Colores –Terri Walker Group Reunion Chair

Aldersgate Heartwarmers- Contact: Rick Jacobson dogstars@cox.net

Meets 1st Tuesday @ 7:00 PM Aldersgate UMC

Babe Chicks – Contact: Debi McNichol 761-0648 justdlm@hotmail.com

Meets 3rd Saturday each month @ Denny's on Mercury & Cunningham, Hampton

Beautiful Feet-Contact: Dave Hirlinger davehi@cox.net

Meets last Saturday of each month 9:00 AM @ Northhampton Presbyterian in Hampton

Bellamy UMC- Contact: Martin & Teri Walker pzb2god@earthlink.net

Meets 1st & 3rd Friday of month @ 7:30 PM

Bethany Reunion Group- Contact: Doe Hart (804) 642-0933 doeann7481@yahoo.com

Meets the first three Thursdays of every month. @ 6:30 to 7:30

Crooks Memorial UMC – Contact: Paul Phillips (757) 898-6702

First Sunday @ Five- Contact: Rodney Moore 224-6285

Meets 1st Sunday @ 5:00PM

Five Forks—Contact: Sharon Schwartzlow 220-0431 jschwart@widowmaker.com

Meets Fridays 7:30 AM @ The Garden Café on Hwy 5 & Ironbound Rd.

Gloucester Presbyterian Church-Contact: Barbara Coulson 804-693-8502

Meets every Wednesday @ 12:00 noon

Harbor Lights-Contact: Debbi Brightbill 757 850-2368 dbrightbill@cox.net

Meets last Sunday each month 4:00 PM Harbor Pointe Community Church

Kilmarnock UMC/Men's Group-Contact: Jay Siddons jaysiddons@hotmail.com

Meets @ Lee's Restaurant Sundays @ 8:00 AM

Lamplighters (day group)- Contact: Alann Hudson 851-9060

Meets Wednesdays @ 1:00 Pm @ Alann's home

Lamplighters (night group)-Contact: Arie Ritchie 850-1559

Meets @ Foxhill Central UMC Wednesdays @ 8:00 PM

Light Of Christ-Contact: Michael Uenking 864-6954 michael.d.uenking@nasa.gov

Meets every Friday 12:00 non @ NASA

Online for Christ-Contact: Star Lester (804) 824-4301 starider52@aol.com

Meets 3rd Sunday @ 8:00 PM online

Parkview Starlights-Contact: Sara Price 595-6255 pigs4sp@aol.com

Meets 3rd Tuesday of month @ Parkview UMC

Pass It On-Contact: Kandi Rowe 539-7916

Meets 1st & 3rd Thursdays @ 7:00 PM Magnolia UMC/Suffolk

Reunion Group-Contact: Mary Linda Womack 766-0885 chefett@cox.net

Meets 1 or 2 times a month @ Womack's Home

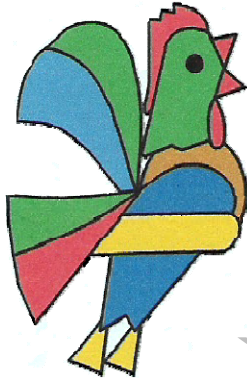
Thursday Morning Boys- Anthony Budznik 327-0779 Budziknav2@aol.com

Meet Thursday Mornings Cavanaugh's Bagel Shop

Warwick Memorial UMC- Contact: Fred Townsend 877-7916 ftgolf@aol.com

Meets 3rd Thursday each month/different homes

The next Peninsula Rainbow Emmaus gathering will be at



:

St. Luke's
United Methodist Church
300 Ella Taylor Road
Grafton, VA

Gathering Date – June 27th 5 PM Covered Dish

Comments or Questions on the Newsletter?

Newsletter Editor: Jerry Lawson a56r4ever@aol.com

Website - www.premmaus.com

Peninsula Rainbow Emmaus Community
P.O. Box 7743
Hampton, VA 23666-0743

To:

ADDRESS CORRECTION REQUESTED