

Peninsula Rainbow Emmaus

Newsletter



Community Lay Director's Notes

Our year is counting off the days. Here we are in the month of March when we celebrate St. Patrick's Day and be aware of the Ides of March. Happy St. Patty's Day.

We tried our first Saturday Gathering. The attendance was great. So this means you all like the change? Please let a board member know how you feel about it and if you would like a time change to 6 or 6:30. We have also discussed having a Pot Luck Dinner the hour before. Please share your thoughts so we can better plan what best fits you and your families' lives.

Our Spring Walks have both started into their teaming process. We are looking forward to the send off for the men on March 12th. Don't forget our next two Gatherings will be in conjunction with the men's candlelight on March 14th and the women's on May 2nd. Remember how moved you were when you saw all those people at your candlelight? Let give these pilgrims an awesome memory to take home and show how much God loves them. See you there.

DeColores!

Harriette Suggs

Community Lay Director

Spiritual Director's Notes

THE FORTY DAYS OF LENT

The season of Lent originated in the fourth century as a time of preparation for those who would be baptized into the church on Easter Sunday. This was the culmination of years of study and examination a person went through to become a Christian. The season of Lent, in the fourth century was also a time when the congregation would prepare to receive the new members. Lent was used to prepare those who had left the church to repent and come back into the church's fold.

Today Lent is more about introspection, renewal of commitment, repentance and a preparation for the celebration of Easter. We have gotten away from the fasting common to the early church. We are called to give up something, but more importantly to take up a spiritual

discipline and be more aware of the needs of the poor. It is a time in the church year when each of us should take advantage of setting time apart to be with God and to contemplate the true and deep meaning of Jesus' death and resurrection. It is a time to prepare for celebrating God's marvelous redemption at Easter.

If one were to count the days between Ash Wednesday, the beginning of Lent and Easter Sunday, there would be more than 40 days. However, Sundays are not counted as each Sunday is a Festival Day celebrating the Resurrection. 40 is a number that is associated with many biblical events but most importantly with the 40 days Jesus spent in the wilderness being tempted by the devil. The number 40 also reminds us of the years the Israelites spent wandering in the wilderness before entering the Promised Land.

Ash Wednesday sets the somber tone for Lent. Ashes symbolize mourning and sorrow at the death sin brings into the world. They are also a sign of our humility before God. This is a day we reflect on what needs to change in our lives if are to be fully Christian. Ash Wednesday is preceded by a Carnival. Carnival is from a Latin phrase that means without meat. The Catholic Church traditionally eats no meat during Lent. We are most familiar with the term Mardi Gras, which means "fat Tuesday"; a day of indulging before the fasting of Lent starts. Unfortunately, in America and in other countries this festival has become far removed from its initial intent. Another name for this day before Ash Wednesday is Shrove Tuesday. Shrove is from Old English and means repent. It is on this day that many churches have Pancake dinners as a time of fellowship before the somberness of Ash Wednesday. (Sebrell will have a Shrove Tuesday pancake dinner starting at 6pm at the community center

The sanctuary during Lent is dressed in grey, black or purple. Purple symbolizes both the pain and suffering leading up to the crucifixion of Jesus as well as the suffering of humanity and the world under sin. Purple is also the color of royalty and so anticipates through the suffering and death of Jesus the coming resurrection and hope of newness that will be celebrated in the Resurrection on Easter Sunday.

My prayer is that each of you will use this time of Lent to examine yourself and to draw closer to God. Trinity Circuit will offer many means of worship and other activities that will enrich this time.

In Christ's love,
Mary

Music Chair



Music, once admitted to the soul, becomes a sort of spirit, and never dies.

Music is a one of the ways that we praise our Lord and Savior in our Emmaus Community. We are always looking for musicians and singers. If you are interested or have any questions, just drop me an email.

Thanks,
Chris Harbeck

Team Selection

What a blessing it is to belong to an Emmaus Community and have the opportunity to "Give Back" to the community and our God by volunteering to serve on an Emmaus Walk Team. I hope you have all been in prayer for the men's team of PR-57, whose names were published in the February Newsletter. These men will have their last team session on March 7 and the walk takes place on March 12-15.

It is now my pleasure to announce the names of the Women's Team for PR-58. These women have already begun their teaming process working their way toward the walk dates of April 30-May 3. I ask that you begin praying for these women and men who will be God's servants on this walk.

PR-58 Team

Connie Bowen	Ed Merry
Kathryn Budzik	Anne Merry
Beth Burroughs	Marjorie Moore
Penny Cory	Teresa Morris
Clyde DeLoatch	Nancy Rickabaugh
Sherry Duke	Gwen Rutherford
Bekah Elmore	Debbie Salanitro
Becky Gwaltney	Sharon Schwartzlow
Julie Hancock	Sherri Staples
Dusti Johnson	Phil Stout
Lynne Landrum	Nancy Strickland
Virginia Leftwich	Jill Webb
Shannon Massey	

As you add this team to your prayer list, please continue to pray for the team of PR57 – they need your prayers now more than ever as Satan tries his best to undermine God's work. Also pray for the pilgrims as they prepare to come and spend a weekend with Jesus.

Finally, I just want to reiterate that it is not too late to apply for teaming on a walk in the fall or even next year. Just fill out an application with the walk number or season (i.e. fall 2009, spring 2010, etc.) you would like to team and mail it as directed on the form. I will call everyone who submits an application and let them know it arrived.

De Colores!

Fred Salanitro,

Below is listed the team for PR57. Please begin praying for these servants and for the pilgrims they will serve on God's Walk to Emmaus.

Wayne Hunley	Boyd Easter
Becky Gwaltney	Rodney Moore
George Leftwich	Dave Messina
Roger Peckham	Loren King
Mike Twisdale	Donnie Brogden
Tom Andrews	Anthony Budzik
Marc Rickabaugh	John Stroud
Chris Harbeck	Greg Schon
Stan Bowen	Nathan DeHart
Steve Rowe	Bryan Coleman
Fred Salanitro	Burrell Taylor
Alan Schubert	

PR57 Pilgrim List

1. Steve Austin
2. Bill Boster
3. Jordan Brightbill
4. Steve Crocker
5. Robert Fink
6. Andy Gehron
7. Jim Goetcheus
8. Eric Grffin
9. Gary Herto
10. Brett Higginbotham
11. Harvey Hubbard
12. Maury Jackson
13. Tap Joyner
14. Rick Machamer
15. Bryon McClain
16. Keith Potter
17. Ernie Smith
18. Dave Williamson

Registrar's Report

God is so Amazing! We have 18 men walking on PR57! So, make sure you pray for them! As of March 1st we have 13 applications for PR58! The application deadline for PR58 is March 30th! So,

if you have someone in mind for this women's walk get me those applications quickly!

I have already started a list for PR59 and PR60! It's never too late to send those pilgrim applications in. Wouldn't be wonderful to fill Holy Family to overflowing this fall?

I've had questions about why there is a 30 day deadline and can that deadline be broken? Well a lot has to happen in the 30 days prior to a walk. I have to assemble the pilgrim roster and track the payments that have been made towards pilgrim fees. To that end I have to contact the sponsor's to remind them when they still owe fees. I have to send out welcome letters to the pilgrims and sponsors; early enough so that the pilgrims can make arrangements for their families and jobs. The Lay Director and Cadre need to have the roster so that they have time to pray about table assignments, room assignments, walk partners and get all those wonderful name tags and personalized door signs made. The sponsor needs the time to gather personal agape letters and make arrangements to assist the pilgrim's family, if need be. AND...You, the community need the time to get your AGAPE' done! All this in 30 days!!!! It's always amazing to me when it happens...but then again...we serve an Amazing GOD!!! I pray that each of you find Amazing Joy in the Lord we serve.

Doe Breen

PR24

Peninsula Rainbow Registrar

Community Roster

The community roster is a continuous process. If you have changed your name, address, phone number, email or changed your church, we want to know your new information so that we can keep in touch with you! Each of us is important to this community. We don't want anyone left off our email or snail mail list. Please send your updated information to preregistrar@yahoo.com

Thanks!

Doe Breen

PR58 March 30th

So...here is what you do...print out a Pilgrim Application

<http://premmaus.com/AmendedPigrimApp08.pdf>

Fill out your sponsor information, place it in a box...gift wrap it and put a beautiful bow on it. Don't forget to attach an Agape' letter! Hand

deliver the box and watch with JOY as they unwrap this gift of Agape' love. Mail the completed application to me...ASAP!

Now that's a Valentine's Day gift that will never wither or be forgotten!

I look forward to seeing those applications fill our Emmaus PO Box!

May God continue to bless each of as you go about doing HIS work.

DeColores!

Doe Breen

PR24

Peninsula Rainbow Emmaus Registrar
preregistrar@yahoo.com



Gatherings Chair

HI All,

We had a wonderful gathering at Wesley UMC on the 28th of February; the sanctuary was close to full!

I believe moving the gathering to Saturday was a hit.

Now the thing we have to consider is the time for gathering. Many have expressed a desire to start at 6:00 PM versus 7:00. I need YOUR feedback on this as we will do what our community wants. I'm counting votes so please respond.

Another thing to consider is having a potluck an hour before the gathering starts. Please let me know your thoughts on that also.

Our next "gathering" will be prior to Candlelight for the Men's Walk, PR57. on March 14th, 6:30, at St Mark's on Mercury (the same place we have had the last 4 candlelight's).

The next gathering will be prior to Candlelight for the Women's Walk, PR58, on May 2nd, 6:30, again at St Mark's.

There is NOT an April gathering.

After the walks we will return to our normal "4th Saturday", time to be determined. Christ UMC is hosting.

Lastly, I have dates open for walks, July - December, except October (candlelight).

Shaun Smith, PR 51
757-408-5433
RShaunSmith@verizon.net

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PRE Board of Directors

Community Lay Director
Harriette Suggs...757-488-1961
hsuggs@cox.net

Community Spiritual Director
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BDDramatic@aol.com

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PRAYER FOR OTHER EMMAUS COMMUNITIES

AGAPE

I want to thank all those who have signed up for the prayer wheel, meal servers and for all the Agape for the walks. We have the Women's Walk on the horizon, so please check your schedule and sign up for the prayer wheel, serving, etc. In addition, please try to attend Candlelight and show our pilgrims and teamers "Rainbow Agape" in action.

We lift up the following communities, who are holding "Walks" this month.

Please pray for the Pilgrims and Teams as they spend 72 hours on their journey.

Athens Area GA

Central California Walk to Emmaus

Central TX

Cradle of Texas

Dallas Emmaus Community TX

Dayspring GA

East Ohio Emmanuel Emmaus Community

Findlay Area, OH

Fredericksburg Community Texas

Lexington Emmaus Community KY

Maryland Emmaus

Michiana Emmaus Community IN
NE Michigan Emmaus
Noah's of Ark AK
Northern Lights OH
Orange County Tres Dias CA
SonLights PR
Three Rivers Emmaus Community PA
Wabash Valley IL

One final note: There is a new Email address for the Agape Chair: preagape@yahoo.com


The reason for this change is to assist the Agape Chair in gathering Wall Agape letters and information from other communities.

Every three years or less we change positions and there is often confusion in who to send information to. This way we will have the same mail box throughout the years. Please begin to send all correspondence to the above email address. Thank you.


<(((< Stan Bowen
Agape Chair
John3-16@charter.net

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Directions to ST Marks

 5: Merge onto US-258 N/ W MERCURY BLVD via EXIT 263 toward COLISEUM. 3.6 mi

- [Map](#)
- [Avoid](#)

 6: Turn LEFT onto CURLE RD. 0.0 mi

- [Map](#)
- [Avoid](#)

 7: End at 99 E Mercury Blvd Hampton, VA 23669

PENINSULA RAINBOW REUNION GROUPS

If you do not see your reunion group or need to change any info please call me @ (757) 224-6285.
De Colores – Rodney Moore Group Reunion Chair

Aldersgate Heartwarmers- Contact: Rick Jacobson dogstars@cox.net

Meets 1st Tuesday @ 7:00 PM Aldersgate UMC

Babe Chicks – Contact: Debi McNichol 761-0648 justdlm@hotmail.com

Meets 3rd Saturday each month @ Denny's on Mercury & Cunningham, Hampton

Beautiful Feet-Contact: Dave Hirlinger davehi@cox.net

Meets last Saturday of each month 9:00 AM @ Northhampton Presbyterian in Hampton

Bellamy UMC- Contact: Martin & Teri Walker pzb2god@earthlink.net

Meets 1st & 3rd Friday of month @ 7:30 PM

Bethany Reunion Group- Contact: Doe Hart (804) 642-0933 doeann7481@yahoo.com

Meets the first three Thursdays of every month. @ 6:30 to 7:30

Crooks Memorial UMC – Contact: Paul Phillips (757) 898-6702

First Sunday @ Five- Contact: Rodney Moore 224-6285

Meets 1st Sunday @ 5:00PM

Five Forks—Contact: Sharon Schwartzlow 220-0431 jschwart@widowmaker.com

Meets Fridays 7:30 AM @ The Garden Café on Hwy 5 & Ironbound Rd.

Gloucester Presbyterian Church-Contact: Barbara Coulson 804-693-8502

Meets every Wednesday @ 12:00 noon

Harbor Lights-Contact: Debbi Brightbill 757 850-2368 dbrightbill@cox.net

Meets last Sunday each month 4:00 PM Harbor Pointe Community Church

Kilmarnock UMC/Men's Group-Contact: Jay Siddons jaysiddons@hotmail.com

Meets @ Lee's Restaurant Sundays @ 8:00 AM

Lamplighters (day group)- Contact: Alann Hudson 851-9060

Meets Wednesdays @ 1:00 Pm @ Alann's home

Lamplighters (night group)-Contact: Arie Ritchie 850-1559

Meets @ Foxhill Central UMC Wednesdays @ 8:00 PM

Light Of Christ-Contact: Michael Uenking 864-6954 michael.d.uenking@nasa.gov

Meets every Friday 12:00 non @ NASA

Online for Christ-Contact: Star Lester (804) 824-4301 starider52@aol.com

Meets 3rd Sunday @ 8:00 PM online

Parkview Starlights-Contact: Sara Price 595-6255 pigs4sp@aol.com

Meets 3rd Tuesday of month @ Parkview UMC

Pass It On-Contact: Kandi Rowe 539-7916

Meets 1st & 3rd Thursdays @ 7:00 PM Magnolia UMC/Suffolk

Reunion Group-Contact: Mary Linda Womack 766-0885 chefett@cox.net

Meets 1 or 2 times a month @ Womack's Home

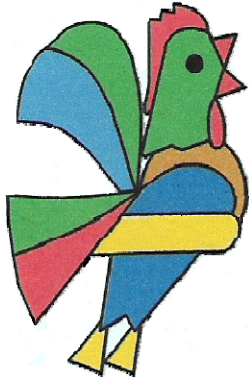
Thursday Morning Boys- Anthony Budznik 327-0779 Budziknav2@aol.com

Meet Thursday Mornings Cavanaugh's Bagel Shop

Warwick Memorial UMC- Contact: Fred Townsend 877-7916 ftgolf@aol.com

Meets 3rd Thursday each month/different homes

The next Peninsula Rainbow Emmaus gathering will be at



:

St Marks UMC
99 East Mercury Blvd
Hampton, VA 23669

Gathering Date – Mar 14th - Starting at 6:30 PM

Comments or Questions on the Newsletter?

Newsletter Editor: Jerry Lawson a56r4ever@aol.com

Website - www.premmaus.com

Peninsula Rainbow Emmaus Community
P.O. Box 98
Hampton, VA 23669-0098

To:

ADDRESS CORRECTION REQUESTED