



# Newsletter

January 2011

## January 2011 Gathering

Friday Jan 28, 2011 7:00 PM

St Luke's UMC  
300 Ella Taylor Rd  
Yorktown, VA 23692

## February 2011 Gathering

Friday Feb 25, 2011 7:00 PM

Aldersgate UMC  
151 Wythe Parkway  
Hampton, Va 23661

*I have come  
that they may have  
life, and that they may  
have it more  
abundantly.  
John 10:10 NKJ*



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Peninsula Rainbow Emmaus Website: [www.premmaus.com](http://www.premmaus.com)

Upper Room Emmaus Website: <http://www.upperroom.com/emmaus/>

Tidewater Emmaus Website: [www.tidewateremmaus.org](http://www.tidewateremmaus.org)

## **New Community Lay Director's Note**

On Tuesday December 7<sup>th</sup> the PRE Board of Directors selected me to be Community Lay Director for 2011. I am humbled and honored by this act of love. Pastor Tom Rodriguez anointed me while the rest of the board laid hands on me. The prayer he lifted to God was for guidance and protection for me and this board for our leadership. He also asked for protection for our families and our community. I felt so blessed and surrounded by love. I also felt a wonderful sense of peace by this prayer.

On Wednesday December 8<sup>th</sup> Martin came home and told me that he had been laid off from his job. Actually, I knew before he said it out loud. And...I still felt God's peace. For those that know me well know that I'm a worrier and not always peaceful! I have never felt this calm about such news before. I know that GOD has a plan for our lives. Martin and I are both trusting that God will take care of us, guide us and protect us.

Ecclesiastes 4:10 says "If one person falls, the other can reach out and help. But someone who falls alone is in real trouble." Brothers and sisters, Martin and I do not feel alone! You have been lifting us in prayer and we can feel it! God is alive and well in our lives and in yours. He will guide and protect all of us. Martin and I have felt your love since December 8<sup>th</sup>. We appreciate your prayers on our behalf. We love you.

I'd like to encourage you to lift the Peninsula Rainbow Emmaus Community up in fervent prayer. I have been praying that as we honor God and are obedient to Him, He will strengthen our community and allow us to worship Him with JOY and Thanksgiving. That He alone will guide us to where we need to be to serve Him better. That those who have gone on a Walk to Emmaus will return as active members of our community, just as they may be active and involved in their church. We miss you. I miss you. We love you. I love you. Let us all come together in 2011 with forgiveness and thanksgiving. Ready to serve God together.

Thank you for allowing me to serve you as Community Lay Director. I am looking forward to a challenging and rewarding year of loving and honoring God together with you.

DeColores!

Doe Breen  
PR24

Community Lay Director Peninsula Rainbow Emmaus  
doeann7481@yahoo.com



## **Community Spiritual Director's Note**

### **Dr. Clyde M. DeLoach**

I am an alcoholic. It has been over twenty two years since I took a drink of alcohol, but my condition means that I approach the New Year with a slightly different perspective than do most people. For me, any New Year's Day that comes without a hangover is a good one.

Something that often comes with the New Year is the desire to reinvent ourselves with New Year's resolutions. We recognize that change is difficult and usually avoid it. There is something about starting a New Year that stimulates us to contemplate jumping into a new lifestyle. The problem with change is that we become so used to being where we are. Even if we are unhappy and hurting, we are on familiar ground. We don't like to be told that we have to pick up and move.

To be honest, to get some things that are good, or even better than we have, we may have to leave behind some things in our lives that are familiar and actually good. When I left behind my alcoholic lifestyle, there is no doubt that I left behind some pretty miserable living. I would not go back for any amount of money. Nevertheless, I was scared to death to begin that journey. I had to abandon friends and a lifestyle that had been a part of me most of my life. I had had fun being a "fun" drunk. It was difficult, but it was worth it.

When Jesus left Palestine to go into Egypt, he left behind fellow children who were murdered by Herod. Mary and Joseph had to trust that God was taking care of them and would bring them to a better life in Nazareth. In the coming year, we will be forced to move from Holy Family where we have held our Emmaus Weekends. It is a fantastic site and has been a blessing. Nonetheless, God will lead us forward to something just as good or better if we open ourselves to His Holy Spirit. Change is never easy, but it is inevitable and necessary. May God bless you in the New Year and be with us in Emmaus in our changes.

## **Teaming in 2011**

First, I wish you God's blessings in 2011 and ask for your prayers for this Community as it renews itself as a Fourth Day Community. We are planning to hold Walks this fall: PR-63 (Men) and PR-64 (Women). We are just not sure about their dates and location. We expect that they will require us to revise schedules and procedures. We also anticipate an increase in Community Support requirements. We have held all our walks (except for two) at Holy Family Retreat Center since 1996, and their preparation and conduct became routine—almost rote. The new location will change that.

We will have to revise support and supply needs, movement times, and chapel, grotto, and candlelight locations, to name a few. We will have to re-think how we have always done things. We will have a lot of work to do and your help will be needed. These 2011 Walks will require the usual mix of experienced and new teamers, so I ask that you consider being one of God's servants this fall and submit your application.

You will find applications on the community's website (<http://premmaus.com/>). You can submit them on line or by mail. If you have any questions about becoming a member of an Emmaus Team, feel free to contact me at [bbburroughs@cox.net](mailto:bbburroughs@cox.net). You are always needed.

DeColores,

**Bruce Burroughs, PR-1, Team Selection Chair**

## **Community Support Report**

First, I hope that you all had a blessed Christmas and New Years holiday. I thank God for the opportunity to know all of you in the PR Emmaus Community and to serve the community in 2011 as Community Support chairperson.

The upcoming year will present us with some interesting community support challenges. The loss of Holy Family Retreat means that our Fall 2011 walks will be held at a new facility. We will therefore have to reevaluate the long standing community support procedures that were designed to facilitate the weekends as held at Holy Family. I look forward to working with a community support committee to deal with the CS logistics at a new facility. I trust that the community will stand ready to jump in and help with the process when the time comes.

Blessings,

**Steve Rowe**

**Community Support Chair**

## **Agape Chair Note**

I'm excited about being the Agape chair because I love love. I would like to put a challenge out to all of you. Set aside at least one hour a month in 2011 to work on making agape. I urge all reunion groups to do the same. If we do a little each month then there will be loads of love to share on the walks. During the winter months, just sit and make things while you watch TV or the football games. I know the agape just thrilled me beyond words on my walk and I hope each of you will try to make other's walk special too. Have a blessed and wonderful 2011 and here's to loads of love. DeColores

**Gwen Rutherford**

## **Do You Remember Your Walk?**

Do you remember your walk and the people at your table? Maybe you haven't seen them in awhile and have lost touch. Do you know where they are? There is a way to find your table mates and others on your walk.

Here is how to do it. Go to your computer. Use AOL or Internet Explorer. Do not use Mozilla Firefox or Google. Log on to [http://prec.inetmember.com/default\\_PREC.aspx](http://prec.inetmember.com/default_PREC.aspx) If this is the first time you have visited the site, you will need to register. Here is how you register. Fill in your first name, last name, walk number, male or female and email address. Click on submit.

You will be sent a temporary password to your email. We're not done yet – don't quit on me.

Log on using your email and the temporary password. This should get you to the site. It is called Peninsula Rainbow Emmaus Community Database Site, Internet Membership Systems. Once you are on the site, maximize the screen so the tabs become visible. Click on "you". Then check on your information, your name, church, weekend, etc. Now you can find your friends.

To be informed about the work of your Board of Directors, you can find the minutes under Board, File Administration.

If you get stuck and cannot get it to work or have questions, contact Rodney Moore, the Administrator of the site, at [rtmm@cox.net](mailto:rtmm@cox.net)

## **Virginia Leftwich, Secretary**

### **New Treasurer's Note**

*Thank you for the privilege of serving as your Supplies Chairperson in 2010; I look forward to serving as the community Treasurer for 2011.*

*May hope, love, and warmth  
be in your heart's possessing,  
and may the New Year  
bring you and yours  
many blessings!*

***Lynn Landrum***

### **Reunion Groups**

As we start this new year let's make a New Year's Resolution as reunion groups to strengthen our community. Our community is only as strong as the reunion groups supporting it. Just like one of the missions of the Church, reaching out to the unchurched. Let us reach out, as Reunion/Accountability Groups, to members of the community who are not part of a group. We also don't have to limit ourselves to people who have walked, but to all.

If anyone needs help finding one in their area or need help starting one please feel free to contact me.

**George Morris PR53 Group Reunion Chair**

## **PRE Board of Directors**

Community Lay Director: Doe Breen  
Home: 804-642-0933 Email: [doeann7481@yahoo.com](mailto:doeann7481@yahoo.com)

Community Spiritual Director: Clyde DeLoach  
Home: 757-930-0945 Email: [pastor@christumcnn.com](mailto:pastor@christumcnn.com)

Asst. Community Spiritual Director: Tom Rodriguez  
Home:                      Email:

Asst. Community Spiritual Director: Carla Stearns  
Home: 757-871-6456 Email: [revcarla3@yahoo.com](mailto:revcarla3@yahoo.com)

Asst Community Lay Director: Fred Salanitro  
Home: 757-488-2917 Email: [freddolfan@aol.com](mailto:freddolfan@aol.com)

Secretary: Virginia Leftwich  
Home: 757-240-5714 Email: [vanurse417@aol.com](mailto:vanurse417@aol.com)

Treasurer: Lynn Landrum  
Home: 757-850-3398 Email [Lynnlandrum53@yahoo.com](mailto:Lynnlandrum53@yahoo.com)

Community Support Chair: Steve Rowe  
Home: 757-539-4198 Email: [asr2499@gmail.com](mailto:asr2499@gmail.com)

Agape Chair: Gwen Rutherford  
Home: 757-220-3148 Email: [gfruth01@cox.net](mailto:gfruth01@cox.net)

Gatherings Chair: Fred Salanitro  
Home: 757-488-2917 Email: [freddolfan@aol.com](mailto:freddolfan@aol.com)

Fourth Day Chair: Shaun Smith  
Home: 757-408-5433 Email: [RShaunSmith@verizon.net](mailto:RShaunSmith@verizon.net)

Team Selection Chair: Bruce Burroughs  
Home: 757-645-3372 Email: [bbburroughs@cox.net](mailto:bbburroughs@cox.net)

Supplies Chair: Joe Hunnicutt  
Home: 757-338-3291 Email: [jahjr79@hotmail.com](mailto:jahjr79@hotmail.com)

Registrar: Stan Bowen  
Home: 757-538-2810 Email: [preregistrar@yahoo.com](mailto:preregistrar@yahoo.com)

Reunion Groups Chair: George Morris  
Home: 757-508-2516 Email: [gamorrisiii@gmail.com](mailto:gamorrisiii@gmail.com)

Music Chair: Ray Dinger  
Home: 757-592-1712 Email: [rayman4176@yahoo.com](mailto:rayman4176@yahoo.com)

Newsletter Editor: Phil Stout  
Home: 757-927-5901 Email: [pajstout@juno.com](mailto:pajstout@juno.com)

*New Hands of*



*Peninsula*

*Rainbow*

*Emmaus*

## **Peninsula Rainbow Emmaus Reunion Group Listing**

If you do not see your reunion group or need to change any info please call:  
George Morris, Reunion Group Chair @ 757-508-2516 - De Colores!

Aldersgate Heartwarmers  
Contact: Rick Jacobson [dosgstars@cox.net](mailto:dosgstars@cox.net)  
Meets 1st Tuesday @ 7:00 PM  
Aldersgate UMC

Babe Chicks  
Contact: Debi McNichol 757-761-0648  
[justdlm@hotmail.com](mailto:justdlm@hotmail.com)  
Contact Debi for meeting date, time, and location

Beautiful Feet  
Contact: Dave Hirlinger [davehi@cox.net](mailto:davehi@cox.net)  
Meets last Saturday of each month 9:00am @  
2nd Presbyterian Church Newport News

Bethany UMC  
Contact: Doe Breen 804-642-0933  
[doeann7481@yahoo.com](mailto:doeann7481@yahoo.com)

Faithful Frogs  
Contact: Linda Trier, 757-562-7925,  
[raakkulia1@aol.com](mailto:raakkulia1@aol.com)  
2nd and 4th Thursday at 6 p.m., Grace Memorial  
UMC,  
31036 Peachtree St., Sedley

Gloucester Presbyterian Church  
Contact: Barbara Coulson 804-693-8502  
Meets every Wednesday 12:00 noon

Helping Hands  
Contact: Lori Irwin [lirwin@sigfin.com](mailto:lirwin@sigfin.com)  
757-393-1161  
Meets every Wednesday @ Magnolia  
UMC/Suffolk @ 7:00  
Women's group/bible study & agape

Kilmarnock UMC/Men's Group  
Contact: Jay Siddons [jaysiddons@hotmail.com](mailto:jaysiddons@hotmail.com)  
Meets @ Lee's Restaurant Sundays @ 8:00 AM

Not I But Christ Reunion Group Contact: George  
Morris, 757-508-2516,  
[notibutchristreuniongroup@gmail.com](mailto:notibutchristreuniongroup@gmail.com)  
3rd Saturday at 5 p.m.

Parkview Starlights  
Contact: Sara Price 757-595-6255  
[pigs4sp@aol.com](mailto:pigs4sp@aol.com)  
Meets 3rd Tuesday of month @ Parkview UMC

Pass It On-  
Contact: Connie Schubert 757-986-3279  
Meets 2nd Saturday @ 7:00 PM Magnolia  
UMC/Suffolk

Phoebus Coffee House Reunion Group Contact:  
Mike Twisdale 757-773-8593  
[mtwisdale@aol.com](mailto:mtwisdale@aol.com)  
Meets every Tuesday at Phoebus Coffee House,  
33 East Mellon Street, Hampton

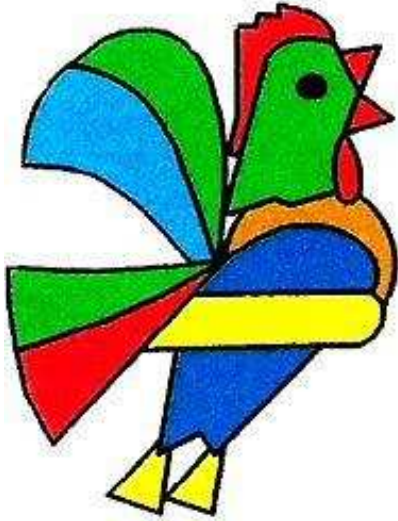
Reunion Group-  
Contact: Mary Linda Womack 757-766-0885  
[chefette@cox.net](mailto:chefette@cox.net)  
Meets once or twice monthly @ the Womack's  
home

ROW (Remember Our Walk)  
Contact: Shaun Smith, 757-408-5433,  
[RShaunSmith@verizon.net](mailto:RShaunSmith@verizon.net)  
3rd Monday at 7 p.m., Wesley UMC, 2510 N.  
Armistead Ave., Hampton

Warwick Memorial UMC  
Contact: Fred Townsend 757 877-7916  
[ftgolf@aol.com](mailto:ftgolf@aol.com)  
Meets 3rd Thursday each month/different homes

"Fresh Beginnings Reunion Group"  
1st Thursday of each month at 7 pm Magnolia  
United Methodist Church  
1764 Wilroy Rd. Suffolk  
Linda Stroud 757-377-6413  
John Stroud 757-377-6180

Williamsburg Area Reunion Group.  
Contact Ruth Rodriguez  
Meets every other Thursday night at 7PM  
Contact Ruth 937-248-8076 or Tom 757-291-  
4195 for dates and Location.



*De Colores!  
Open in God's time!*

*Peninsula Rainbow Emmaus  
Monthly Newsletter*



Do you have comments or questions on the newsletter?  
Contact: Phil Stout [pajstout@juno.com](mailto:pajstout@juno.com)

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Peninsula Rainbow Emmaus Community  
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Hampton, VA 23666-0743

TO:

ADDRESS CORRECTION REQUESTED