

August, 2008

# Peninsula Rainbow Emmaus

# Newsletter



## Community Lay Director's Notes

Hello Community!

I love August, it is the hottest month of the whole year but it is such a bittersweet moment that I love to experience. It's the time that the Dragonflies seem to dance each night just at dusk and my garden is blooming with the efforts that I was not sure that I would garner. It is harvest time, tomatoes, peppers, corn, eggplants, squash, butterbeans and snaps; all that labor is evident because of our diligence. The evidence is picked and pickled, canned and frozen.

On the 22<sup>nd</sup> of this month we are going to have a planting party and we call this a **TASTE OF EMMAUS**. This is the time that you are planting seeds that God will water. So invite your friends to go out with you on that Friday night, we will eat (bring good food), sing, praise, talk, laugh and commune with the Father.

I am inviting a couple of people that I have been talking to for a year, good strong Christians that will be an asset to our community and they work very diligently in their home church. So I'm asking you, have you thought about the seeds that you can plant? I have been trying to find musician seeds..... And board member seeds .... And Lay Director Seeds..... if you find any of these seeds I will help you plant 'em.

I love you guys!

**Kandi Rowe**

**CLD**

757 409-9078



## Spiritual Director's Notes

Dear Friends,

The Bible tells us that God is able to do even more than we could think or imagine. This is found in Ephesians. As we enter the summer months, I want us to think about the God we serve. How big is your God? Deep in your heart how big is the God you serve? Is he the God who owns the cattle on a thousand hills? Do you keep God limited by your limited expectation of God?

I challenge you to let God be great in your life. This means that you are going to have to trust God. I think many of us do not trust God enough to let him have control of our lives. Many are afraid what God will ask of us if He has complete control. We try to keep God in our lives in such a way as to keep our comfort level steady. Somehow we think that we can have some control if we do. The result is that we limit what God can do in our life. And believe me; God can do some miraculous things if we let God work in and through us.

This means that we have to trust God in those circumstances we find ourselves in that, given our own choice; we wouldn't have been involved in. When God is in control, we might have to feed the homeless, or travel to ASP, or be involved in the Lackey Free Clinic. It might mean we have to be ready for the single mom who is at wits end and has come for advice and encouragement. It might mean we have to trust God for the right resource or the right word for the need that is before us. God always promises to give us what we need when he sends us out to do his work.

This summer, work on letting God out of the box you have placed Him in. Take small steps of faith in your life where you relinquish control and let God have free reign of your life. Trust God, He won't let you down. Go to a worship service you are not comfortable in, serve in a ministry you feel inadequate for. You will find that as you exercise your faith in God, He is more than able to do all that we might think or imagine.

Let God be big in your life. If your God is too small, let me introduce you to my God. He is a great and mighty God who loves you and me more than we could comprehend.

God bless,  
**Doc Paul**

## *4<sup>th</sup> Day Happening*

### **Fourth Day**

Think back to your own walk to Emmaus. When was it? 3-7 months ago? Six years ago? 10+ years ago? Do you remember the questions you were asked at closing? Do you remember being asked what you were going to do with what you learned?

Well we (your Peninsula Rainbow Emmaus community) are wondering...what HAVE you done since your walk? Where has God lead you since your walk?

We would love for you to share your story with us at an up-coming gathering. This is a 10-15 minute talk (aka as a Fourth Day Talk). It's simple and painless (the Father, Son and Holy Spirit are standing there with you). Sharing your story may inspire someone to try something new in sharing the love of Jesus in a way they had never thought of or you will find someone has had a similar experience.

It's amazing how God uses the Fourth Day Speakers to bless each of us and remind each of us, that we are to be HIS hands and feet, as well as HIS voice to service others.

If you are ready to share your Fourth Day (so far) please contact me at [Debpamperedchef@aol.com](mailto:Debpamperedchef@aol.com) or call me at 757-488-2917.

We'd love to hear from you.  
**Your Sister in Christ,**  
**Debbie Salanitra**  
**4<sup>th</sup> Day Chair**

### **Music Chair**



I know we all like the music we sing at the Emmaus events. I need some help! If you would like to be a part of the team (either playing an instrument or singer) please send me your name & email address and I will send out the music to you prior to gatherings. Our musicians list still has some holes to fill (missing phone numbers or email addresses). HELP fill in the blanks, would you please? Come join in the fun...we meet at the gathering church about 6pm to practice before the gathering starts at 7pm. Come help lift our Lord up in song...this includes our new Babe Chicks, who have just completed their walks. If you have a favorite song you would like sung, please let me know and I will do my best to include it in the line up. Thank you!!

**Harriette Suggs**  
**Community Music Chair**

### **Team Selection**

Teams are being formed for walk 55 for the men and 56 for the women. Applications are needed to fill positions and I pray that God puts a hand on your heart and has you consider teaming.

Sharon Jones and her family will be sorely missed and until her position is filled I will be sending the message out to the community.

Wayne Hunley  
Temporary Team Chair

### **Registrar's Report**

**With the Fall Walks right around the corner, it is never too early to get your pilgrim applications in. Please review the guidelines for sponsoring and pray, pray, pray, for God to place on your heart someone he wants you to sponsor.**

1. Pray to determine whom God wants you to sponsor and when He wants you to sponsor them.
2. Talk to them about what your weekend meant to you. Be clear about what happens (15 talks, fellowship, communion, chapel experience, food, will stay overnight from Thursday through Sunday, accommodations, their participation), but don't tell them about any surprises like Candlelight, agape, family letters, etc.
3. If married, offer the weekend to both spouses. They both do not have to attend, but we need to make sure we offer the invitation to both.
4. If the potential pilgrim wants to go, then get the application, the deposit (\$50) and fill out the Sponsors' information completely then send in the application as soon as possible to the registrar.
5. Make a note of the contact/next of kin on the pilgrim app., contact this person by phone or by letter (there is a sample letter we have if you want to use it) and get started collecting personal agape letters (aka "family" letters).

6. A guideline for family letters is 10 to 12.
7. Contact your pilgrim during the week before the walk to make sure they can still attend and to Re-assure them and answer any questions.
8. If your pilgrim has special dietary needs, the sponsor is responsible for arranging to have the food for their pilgrim at the walk. Please describe on the application any needs.
9. If your pilgrim can no longer attend, contact the registrar ASAP to notify.
10. Take your pilgrim to dinner and bring them to send off at Holy Family no earlier than 6:30 pm.
11. Bring general agape and family letters with you Thursday night and give them to community support. Write an "F" on the outside of the family letters.
12. If your pilgrim decides they do not want to stay at the walk, take them home – it's not their time. Do not try to talk them into staying – Emmaus is not right for everyone.
13. Once the pilgrim has entered the talk room, you go into the chapel for sponsor's hour where we sing and hear from the LD and SD for the walk. You will pray over the cross for your pilgrim and then we will share communion. You don't have to be a sponsor to attend sponsor's hour.
14. Make sure the \$150 pilgrim fee is given to the registrar before leaving sponsor's hour. Please write the pilgrim's name on the envelope, or in the check memo.
15. Come to gathering and candlelight on Saturday night at 7 pm. Sign the placemats while you are there.
16. Come to closing on Sunday at 4, pick up your pilgrim's belongings and welcome your pilgrim in song. Following closing, some people go to dinner, some go straight home – ask your pilgrim what they would like to do, but please

make sure your pilgrim gets to their front door safely at some point Sunday night.

17. Your job is not done at closing – follow up with fourth day activities – DODU, gatherings, help them get started in a reunion group, check in with them periodically to see how they are and encourage them.

**The Fall Walks are:**

**PR 55 October 9th-12th Men's (September 8<sup>th</sup> is the application cut off date)**

**PR 56 November 30th – December 2nd Women's (September 2<sup>nd</sup> is the application cut off date)**

**Thanks!**  
**Tracy Cole PR 31**

**Community Roster**

We have been working on finalizing a community roster/directory over the past few months. To develop this, we have used the information off of the pilgrim applications and walk rosters. If any of your information (name, address, phone, church affiliation, or e-mail) has changed since you walked, please email me at [preregistrar@yahoo.com](mailto:preregistrar@yahoo.com) to update your information in the roster.

**Thanks!**  
**Tracy Cole PR 31**

**Gatherings Chair**

***Taste of Emmaus***

On August 22, we will have a taste of Emmaus. Some of you, especially those new to the community, are probably wondering what in the world that is. Well, it's another reason to indulge in the epicurean delights of the members of the community. It's a covered dish supper but it is also a good time to bring prospective pilgrims to a gathering to have some of their questions answered. It's also another good reason to eat. That's one of the things that churches do best—eat! So bring a covered

dish (with food in it of course!) Bring enough for twice the number in your family. We'll start eating at 6:30 so that the gathering time will still stay about the same time. We need to allow clean up time before the gathering. Bring your food and bring your prospective pilgrims to Crooks UMC in Yorktown.

Congratulations go out to Pete Prokup for winning last month's contest. The \$25 pilgrim fee or teaming fee credit will be awarded to the person who brings in at least 5 school supply items—paper, notebooks, pencils, folders, crayons, glue sticks and the list goes on!! If a child can use it in school, it's an acceptable item.

Four things to bring to this month's gathering:

1. food
2. new pilgrims
3. school supplies
4. and of course, yourself

DeColores and see you August 22, 6:30 at Crooks UMC  
Sara Price  
757-595-6255, Pigs4SP@aol.com

**PRE Board of Directors**

**Community Lay Director**

Kandi Rowe...757-539-7916  
[kfrowe@hughes.net](mailto:kfrowe@hughes.net)

**Community Spiritual Director**

Paul Phillips...757-898-6258  
[souldocl@verizon.net](mailto:souldocl@verizon.net)

**Asst. Community Lay Director & Team Selection**

Wayne Hunley...757-869-5335  
[Wayne\\_Hunley@verizon.net](mailto:Wayne_Hunley@verizon.net)

**Secretary**

Vacant

**Treasurer**

Boyd Easter...757-850-3139  
[cathyandboyd@cox.net](mailto:cathyandboyd@cox.net)  
**Community Support Chair**  
Terri Walker  
[pzb2god@earthlink.net](mailto:pzb2god@earthlink.net)

**Agape Chair**

Loren King...  
[lomaking@yahoo.com](mailto:lomaking@yahoo.com)

**Gatherings Chair**

Sara Price...757-595-6255  
[pigs4sp@aol.com](mailto:pigs4sp@aol.com)

**Fourth Day Chair**

Debbie Salanitro...757-488-2917  
[debpamperedchef@aol.com](mailto:debpamperedchef@aol.com)

**Team Selection Chair**

Vacant (See Above)

**Supplies Chair**

Debi McNichol...757-838-0648  
[justdlm@hotmail.com](mailto:justdlm@hotmail.com)

**Registrar Chair**

Tracy Cole  
[preregistrar@yahoo.com](mailto:preregistrar@yahoo.com)

**Reunions Chair**

Rodney Moore .. 757-224-6285  
[rtmm@cox.net](mailto:rtmm@cox.net)

**Music Chair**

Harriette Suggs...757-488-1961  
[hsuggs@cox.net](mailto:hsuggs@cox.net)

**Newsletter Editor**

Jerry Lawson...757-223-1447  
Newsletter Editor  
[a56r4ever@aol.com](mailto:a56r4ever@aol.com)

**Spiritual Director**

Mary Marshall  
[Semary07@hotmail.com](mailto:Semary07@hotmail.com)

**Spiritual Director**

Mike Nobles...757-406-5323  
[wmnobles@hotmail.com](mailto:wmnobles@hotmail.com)

## PRAYER FOR OTHER EMMAUS COMMUNITIES

The following are other Emmaus Communities with whom we have shared community agape letters for our respective walks in 2008. We ask that you include these communities and their walks in your prayer life. These communities are having walks in the month of September.

Northern Lights Emmaus Community - Findlay, OH  
Maryland Walk to Emmaus Community  
Golden Spread Emmaus Community - Amarillo, TX  
Mountain Top Emmaus – Hayesville, NC  
Still Waters Emmaus Community – Dayton, TN  
Cape of Good Hope Emmaus Community - South Africa  
Greater Indianapolis Area Emmaus Community  
Green Country Emmaus – Tulsa, TX  
Denton Area Emmaus Community – Denton, TX  
Texoma Emmaus Community - TX & OK

It time to begin planning your Agape for the Fall Walks. Please bring your offerings to the August and September *Gathering*.

### **Prayer Wheel**

Yes, the time is fast approaching for the Fall Walks and we will have sign up sheets at the September *Gathering*. If you would like to beat the rush, please feel free to email me with your choice of walk, day and time.

PR55 (men) October 9, 10, 11 & 12  
PR56 (women) October 30, 31 November 1 & 2

DeColores!

<((( < Stan Bowen  
Agape Chair  
Email: john3-16@charter.net

### **Community Support Chair**

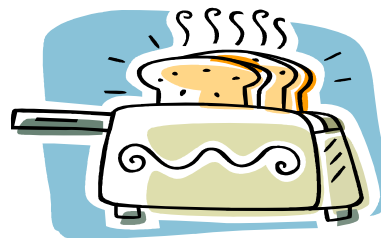


“Want to be Your hands, Want to be Your feet... I’ll go where You send me, go where You send me”.....

Sing with me now ☺ Do you ever get a song stuck in your head, O.K. enough with the rambling. I am your “New” Community Support Board member...Terri Walker.

My Job is to make sure we have enough help to support the Men’s and Women’s walks. Christ needs you to serve on PR 55 and PR 56. Maybe teaming is just not going to work out for you this Fall..Sponsoring a pilgrim is not happening either...but you can serve a meal....put out bed agape....or clean up after closing. It takes the whole Body to get the job done. Every part is important no matter how big or small. If you are willing to be His Hands or Feet...please let me know. You can email me at [pzb2god@earthlink.net](mailto:pzb2god@earthlink.net) or wait until I send out emails to the community and just hit reply ☺

**Below is a list of areas where your help is needed:**



- Serve a Meal
- Put out Bed Agape
- Runners
- Set up for Candle Light
- Clean up from Candle Light
- Set up for Closing
- Clean up from Closing

**Hurry space is limited, get signed up today!!!!**

**Terri Walker PR-22**

**From Gloucester and Points North:**

- Cross the Coleman Bridge,
  - Turn left at the traffic light past York High School onto Cook Road.
  - The church is on the right about 200 yards after turning right.
- You'll pass a Wendy's on your right at the 11<sup>th</sup> light.
  - After the 12<sup>th</sup> light, you'll pass the York County Public Library on your right.
  - At the next light, bear right onto Cook Road.
  - The church is on the right about 200 yards after turning right.

**From Williamsburg:**

- From I-64 take Exit 250B (Ft. Eustis Blvd/Yorktown).
- After exiting, you will merge onto Ft. Eustis Blvd.
- Follow Ft. Eustis Blvd. for a 3.6 miles to its intersection with Route 17. (There will be a McDonald's on the left).
- Turn left onto Route 17 North.
- Go to the second traffic light and bear right onto Cook Road.
- The church is on the right about 200 yards after turning right.

**From Newport News/Hampton:**

- Follow Route 17 North through York County.
- After passing Harwood's Mill Reservoir, follow Route 17 for about 4.5 miles through 12 traffic lights.

## PENINSULA RAINBOW REUNION GROUPS

If you do not see your reunion group or need to change any info please call me @ (757) 224-6285.  
De Colores – Rodney Moore Group Reunion Chair

**Aldersgate Heartwarmers- Contact: Rick Jacobson [dogstars@cox.net](mailto:dogstars@cox.net)**

Meets 1<sup>st</sup> Tuesday @ 7:00 PM Aldersgate UMC

**Babe Chicks – Contact: Debi McNichol 761-0648 [justdlm@hotmail.com](mailto:justdlm@hotmail.com)**

Meets 3<sup>rd</sup> Saturday each month @ Denny's on Mercury & Cunningham, Hampton

**Beautiful Feet-Contact: Dave Hirlinger [davehi@cox.net](mailto:davehi@cox.net)**

Meets last Saturday of each month 9:00 AM @ Northhampton Presbyterian in Hampton

**Bellamy UMC- Contact: Martin & Teri Walker [pzb2god@earthlink.net](mailto:pzb2god@earthlink.net)**

Meets 1<sup>st</sup> & 3<sup>rd</sup> Friday of month @ 7:30 PM

**Bethany Reunion Group- Contact: Doe Hart (804) 642-0933 [Doeann7481@yahoo.com](mailto:Doeann7481@yahoo.com)**

**Crooks Memorial UMC – Contact: Paul Phillips (757) 898-6702**

**First Sunday @ Five- Contact: Rodney Moore 224-6285**

Meets 1st Sunday @ 5:00PM

**Five Forks—Contact: Sharon Schwartzlow 220-0431 [jschwart@widowmaker.com](mailto:jschwart@widowmaker.com)**

Meets Fridays 7:30 AM @ The Garden Café on Hwy 5 & Ironbound Rd.

**Gloucester Presbyterian Church-Contact: Barbara Coulson 804-693-8502**

Meets every Wednesday @ 12:00 noon

**Harbor Lights-Contact: Debbi Brightbill 757 850-2368 [dbrightbill@cox.net](mailto:dbrightbill@cox.net)**

Meets last Sunday each month 4:00 PM Harbor Pointe Community Church

**Helping Hands-Contact: Lori Irwin [lirwin@sigfin.com](mailto:lirwin@sigfin.com) 393-1161**

Meets every Wednesday @ Magnolia UMC/Suffolk @ 7:00 Women's group/bible study & agape

**Kilmarnock UMC/Men's Group-Contact: Jay Siddons [jaysiddons@hotmail.com](mailto:jaysiddons@hotmail.com)**

Meets @ Lee's Restaurant Sundays @ 8:00 AM

**Lamplighters (day group)- Contact: Alann Hudson 851-9060**

Meets Wednesdays @ 1:00 Pm @ Alann's home

**Lamplighters (night group)-Contact: Arie Ritchie 850-1559**

Meets @ Foxhill Central UMC Wednesdays @ 8:00 PM

**Light Of Christ-Contact: Michael Uenking 864-6954 [michael.d.uenking@nasa.gov](mailto:michael.d.uenking@nasa.gov)**

Meets every Friday 12:00 non @ NASA

**Morrison Reunion Group- Contact Shaun & Donna Smith [puffdog52@verion.net](mailto:puffdog52@verion.net)**

Meets First and Third Tuesday night at 6:00 PM @ Morrison UMC 236 Harpersville Rd

**Online for Christ-Contact: Star Lester (804) 824-4301 [starider52@aol.com](mailto:starider52@aol.com)**

Meets 3<sup>rd</sup> Sunday @ 8:00 PM online

**Parkview Starlights-Contact: Sara Price 595-6255 [pigs4sp@aol.com](mailto:pigs4sp@aol.com)**

Meets 3<sup>rd</sup> Tuesday of month @ Parkview UMC

**Pass It On-Contact: Connie Schubert 986-3279**

Meets 1<sup>st</sup> & 3<sup>rd</sup> Thursdays @ 7:00 PM Magnolia UMC/Suffolk

**Reunion Group-Contact: Mary Linda Womack 766-0885 [chefett@cox.net](mailto:chefett@cox.net)**

Meets 1 or 2 times a month @ Womack's Home

**The Wanderers-Contact: Kay Darone 224-9165**

Meets Sunday nights 6:30-8:00 113 Galaxy Dr./Yorktown

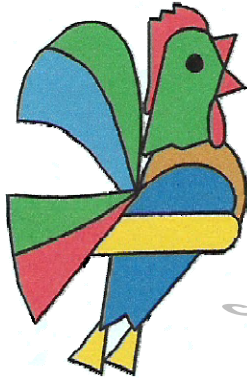
Thursday Morning Boys- Anthony Budznik 327-0779 [Budziknav2@aol.com](mailto:Budziknav2@aol.com)

Meet Thursday Mornings Cavanaugh's Bagel Shop

**Warwick Memorial UMC- Contact: Fred Townsend 877-7916 [ftgolf@aol.com](mailto:ftgolf@aol.com)**

Meets 3<sup>rd</sup> Thursday each month/different homes

The next Peninsula Rainbow Emmaus gathering will be at:



**Crooks Memorial UMC**  
**204 Cook Road**  
**Yorktown, Virginia**

**Gathering Date –August 22<sup>nd</sup> - Starting at 6:30 PM PM**  
**Bring a favorite dish to share**

**Comments or Questions on the Newsletter?**

**Newsletter Editor: Jerry Lawson a56r4ever@aol.com**  
**Website - [www.premmaus.com](http://www.premmaus.com)**

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**Peninsula Rainbow Emmaus Community**  
**P.O. Box 98**  
**Hampton, VA 23669-0098**

To:

**ADDRESS CORRECTION REQUESTED**